



Time Management

The goal of this seminar is to assist you in making crucial decisions about how you allocate and spend your time.

By maximizing the gains from the way you expend your time in work, in school, in home or in play you will experience distinct improvements in your accomplishments.

This seminar will focus on the most common time wasters such as procrastination, complaining and fear of success. Also, the seminar will help you pinpoint how you currently manage your time, how you would like to manage your time, what is stopping you and possible ways to achieve your idea for work, school, home or play.