



Team Building with the DiSC Profile

This 3-hour workshop focuses on how teams can work more effectively using the information from each participant's DiSC Profile. The DiSC is a self-reporting instrument designed to help adults better understand themselves and others. It has been used by over 40 million people around the world to increase their effectiveness at work and in their personal lives.

Each participant will spend approximately 10-20 minutes taking an on-line assessment several days before the actual workshop. On the day of the workshop each participant will receive a 16-page printout describing the results of the assessment. The workshop will first present a thorough explanation of the DiSC instrument, followed by interpretation of participants' DiSC profiles and how to use this information to enhance workplace relationships.

As a result of attending this workshop participants will learn:

- The DiSC Profile System.
- How to interpret the DiSC results to better understand themselves and their co-workers.
- How to use this material to better communicate and interact with their co-workers.
- How to function as a team in a more realistic and effective way based on the results of the DiSC.